



# World Kindness Day



13th November 2023

How many words can you make by  
rearranging the letters in  
**KINDNESS?**

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

*Answers include: DESK, END, INK, KIDS, NINE, SEND, SINK, SKID, SKIES, SKIN.*



There are lots of wonderful ways to be kind!  
Try these ideas and keep a tally of how many acts  
of kindness you can do in the box underneath.



Give someone a  
thoughtful compliment

Tell a friend or family member  
that you love them

Ask someone to play that you  
don't normally play with

Tell your teacher what your favourite  
part of their lesson was

Draw a picture or write a story  
for someone

Do one of your favourite activities  
to be kind to yourself!

